

# Distracted Driving: Don't Do It! WE'RE DEADLY SERIOUS



**Distracted driving is dangerous and can mean life-shattering consequences. When you choose to text or talk on a phone, eat, or be sidetracked by others in your car, the life you endanger may be a family member, friend, a stranger – or even your own.**

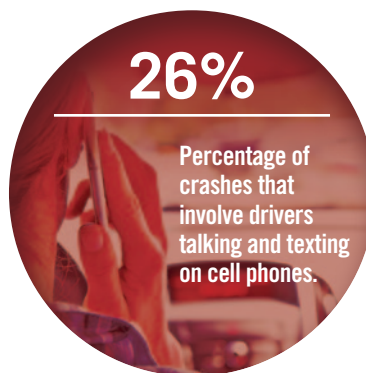
Young drivers are at the greatest risk for distracted driving incidents – but adults are not immune.

Don't let your family be the next statistic. Safe driving starts with you. Be an example to others and take the pledge included in this flyer to drive distraction free. Be sure to share our parent-teen driving agreement with friends and family members to encourage them to drive distraction-free.

## DISTRACTED DRIVING BY THE NUMBERS



– Federal Motor Carrier Safety Administration



– National Safety Council



– National Highway Traffic Safety Administration

# The Promise

## PARENT-TEEN DRIVING AGREEMENT



**Driving isn't a spectator sport. Safe driving starts with you.  
Take the pledge to drive distraction-free today.**

*Distracted drivers kill and injure around 400,000 people each year. I promise to:*

- Never text or talk on the phone while driving.
- Always wear a seat belt.
- Stay focused and alert, with both hands on the wheel.
- Drive cautiously and be considerate of other drivers, bicyclists, and pedestrians.
- Be a responsible driver and obey all the rules of the road.
- Drive only when I am alcohol and drug-free.
- Not distract the driver when I am a passenger.

Teen Driver Signature: \_\_\_\_\_ Date: \_\_\_\_\_

PARENT PROMISE:

*I also make these promises to drive safely and to be an excellent role model.*

Parent (or Guardian) Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Parent (or Guardian) Signature: \_\_\_\_\_ Date: \_\_\_\_\_